9th European Deaf Orienteering Championships

BULLETIN 2

3rd-8th September 2021

VILNIUS

Lithuania

WELCOME !

Lithuanian deaf sports committee with the host club OK Perkūnas are glad to invite you to the 9th European Deaf Orienteering Championship (EDOC) which will take place on the3rd-8th September 2021 in Vilnius, Lithuania. From fast city streets, to technical forests - we will do our best to provide high quality, challenging and fair competition for the athletes. Looking forward to seeing you all in our beloved capital city! More information about capital of Lithuania is in website https://www.whereisvilnius.com/.

1. Organisation

1.1 Organizing committee

Edvinas Kriunas (LDSC President)	OC Head
Marius Minkevicius (LDSC General Secretary)	Office Director
Mantas Stankevicius	Ceremony
Daiva Kazlauskiene	Covid 19 Tests, Interpreters
Arunas Kubaitis	Volunteers
Agne Valkiuniene	Social Activities

1.2. Technical Committee

Guido Zanecchia	EDSO Representative (ITA)
Oleg Lavryk	EDSO Orienteering Technical Director (UKR)
Gytis Šumskas	IOF Representative (IOF Event Adviser) (LTU)
Vytautas Ralys	Competition Director
Arunas Kubaitis	OC Deaf Representative

1.3. Event controllers

Gytis Šumskas	IOF Event Adviser
Oleg Lavryk	EDSO Orienteering TD

2. Event center

Event center in Hotel „Comfort Hotel LT Rock'n'Roll Vilnius“, Kauno str. 14
Contact: Marius Minkevicius – lksksportas@gmail.com, +370 61098253.

3. Program

Thursday, 2 September	Arrival	
Friday, 3 September	Arrival, model sprint	Open start 16:00 – 18:00
	Team Officials Meeting	20:00
Saturday, 4 September	Individual Sprint distance	Start 11.00
	Team Officials Meeting	19:00
Sunday, 5 September	Sprint Mix Relay	Start 11.00
Monday, 6 September	Rest day, model forest	Open start 11:00-13:00
	Team Officials Meeting	19:00
Tuesday, 7 September	Middle distance	Start 11:00
	Team Officials Meeting	19:00
Wednesday, 8 September	Long Distance	Start 11:00
Thursday, 9 September	Departure	

***All times given in this bulletin are in local time (GMT+3)**

4. Venues and Embargoed Areas Information

The competition will take place in the Lithuanian capital Vilnius and in the forests 20-25 km from Vilnius.

According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential EDOC 2021 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are "strict embargo". **Interactive map of embargoed areas**

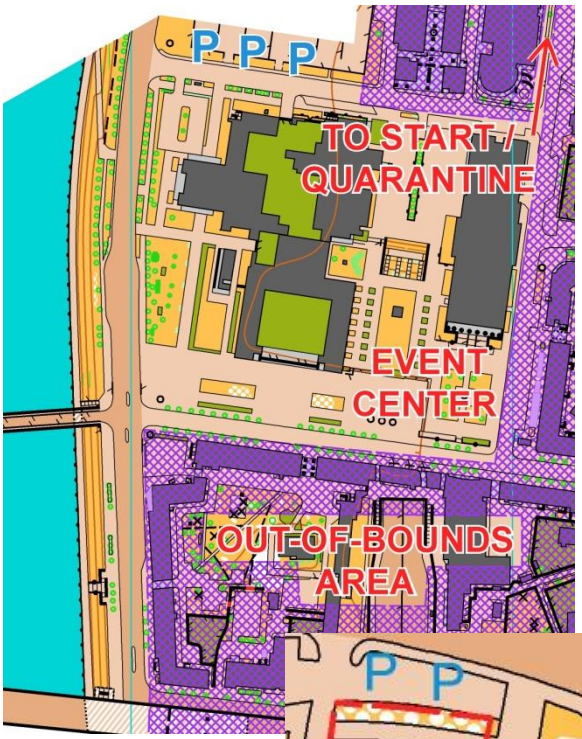
OLD maps of the areas:
Sprint – GEDIMINAS AVENUE 2021
Sprint Relay – WHITE BRIDGE 2017
Middle – MICKŪNAI / VALIŠKĖS 2019
Long – ŠILĖNAI 2017

4th September, Individual Sprint race
Map: Gediminas Avenue

Map scale:
1 : 4000, H – 2,5 m

Area first mapped 2021

Terrain: flat old town area with a mix of soviet architecture makes location great for very fast sprint courses.



Places to watch out: narrow paths, parked vehicles, pedestrians and cyclists, street crossings. Traffic will not be stopped, but it is very minimal in the area. Race officials will be placed on street crossings.

Event center – near the **Lithuanian parlament palace**

Start / Quarantine – **A. Goštauto g. 11**

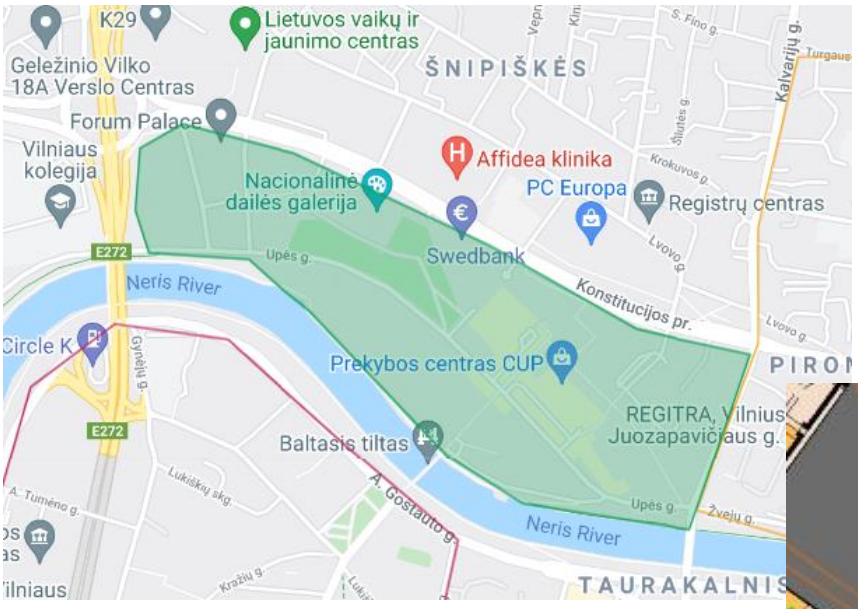
From event centre to start/quarantine area 600 m.

Arrival to quarantine by foot only following marked route via Gynėjų str., or by car via Goštauto str.

Start time of first participant 11:00 h.
Quarantine entrance closes 10.55 h

5th September, Sprint Mix Relay

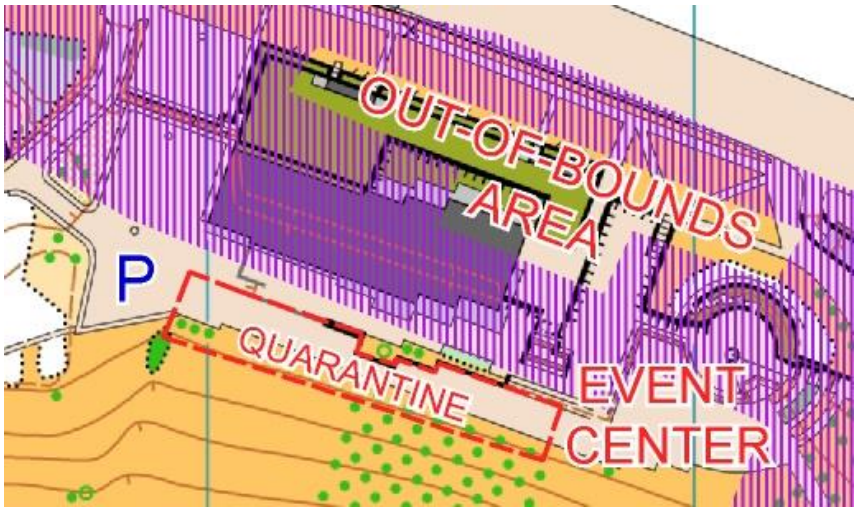
Map: The White Bridge



Map scale
1: 4000, H – 2.5 m

Area first mapped 2017, renewed - 2021

Terrain: Old meets the new.
A unique mix of 19th century, soviet and modern architecture. Considerable amount of open areas.
Height difference between low and high points 15 meters.



No streets will be crossed during competition, however some traffic in parking lots is possible.

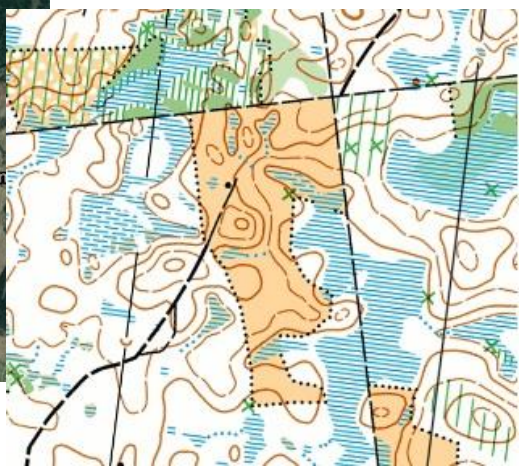
Event center – near the sculpture **„First Swallows“**

Start time of first leg runners 11:00 h.

2nd, 3rd and 4th legs runners have to stay in pre-start quarantine area.

7th September, Middle distance
Map: Mickūnai-Vališkės forrest

Map scale
1 : 10 000, H-2.5
Area first mapped 2019,
renewed - 2021



Terrain: Mostly pine tree forrest with a lot of small marshes. Good to medium runnability and visibility, with some forest clearings and and smaller areas of dense forest. Undergrowth is pretty big this time of year. Lots of **mosquitoes** near the marshes. Precise orienteering and high running speed required to show a good result.

Event center – Vališkės village

Start time of first participant 11:00 h.

Start of quarantine 10:55 h

Distance from city center: 25km, 30-35 min

Quarantine area will be placed in the event centre.
Distance to start 150 m

8th September, long distance

Map: Šilėnai

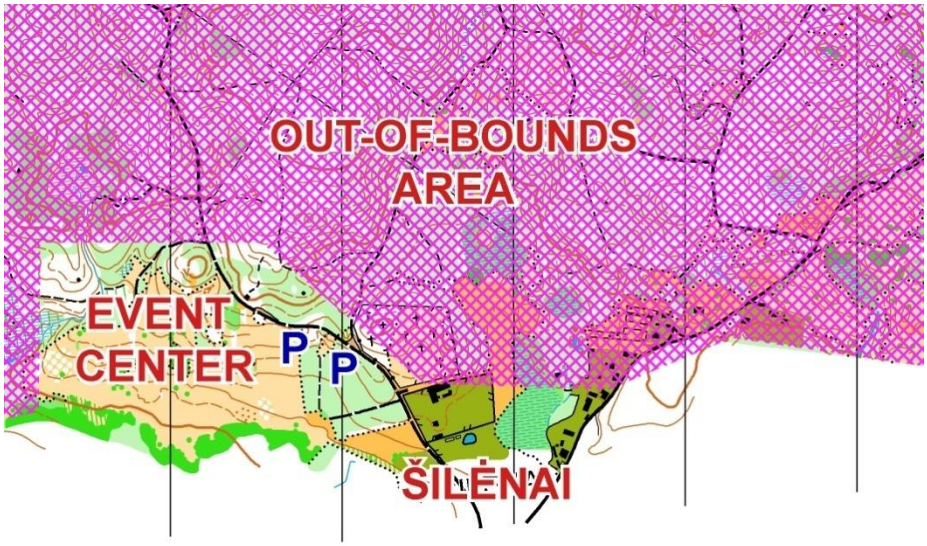
Map scale
1 : 15 000, H - 5 m

Renewed - 2021

Terrain: Mostly medium runnability and visibility forest, lower density path network and significant land forms (slopes up to 50 m), makes it perfect for long distance race.

Double side printed map (map change) for better course legibility will be used for both M and W groups in the long distance.

Butterflies and phi-loops will be used for separating runners on the course.
Participant is responsible for taking his map at the start.



Event center - Šilėnai

Start time of first participant 11:00 h.

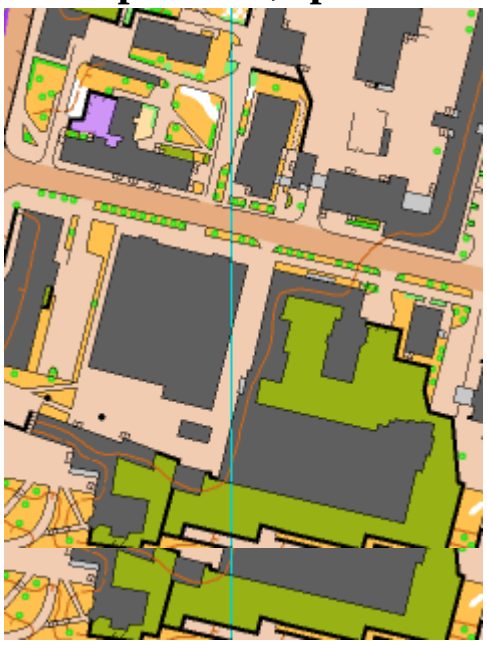
Distance from city center: 20km, 35-40 min

Start of quarantine 10:55 h

Quarantine area will be placed in the event centre.
Distance to start 400 m

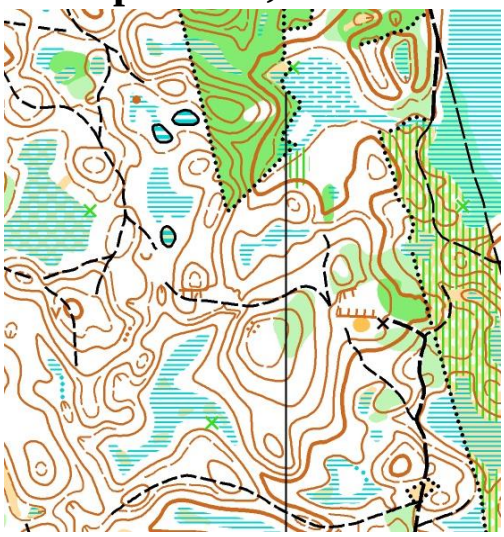
Model events

3rd September, sprint model



Map: Radushkevich`s palace
Map scale
1 : 4000, H - 2,5 m
First mapped 2019, renewed 2021.
LOCATION is bordering the mixed sprint relay area and is very similar in style.
Model event will be open 16.00-18.00 h.
Maps with all controls and couple short (1-1,5 km) courses will be available for selection at the start

6th September, forest model



Map: Augustai
Map scale
1 : 10 000, H – 2,5 m
Mapped 2019, inspected 2021
EVENT CENTRE is 15km, 25min from the city centre
Map is similar to middle distance race area, just a bit more hilly and more dense paths network.
Model event will be open 11.00-13.00 h.
Maps with all controls and couple courses will be available for selection at the start.

SPORTIdent AIR+ system and regular control flags will be used for model events.

Event	S	winning time	(approximate) length, km	total climb, m	number of controls	number of refreshment
Sprint	W	13-15min	**3,1**	**5**	**18**	**-**
	M	13-15min	**3,7**	**5**	**21**	**-**
Sprint Relay	W	12-15min	**2,5**	**25**	**15**	**-**
	M	12-15min	**3,1**	**30**	**19**	**-**
Middle	W	30-35min	**4,3**	**55**	**17**	**-**
	M	30-35min	**5,5**	**70**	**19**	**-**
Long	W	55-60min	**6,4**	**210**	**17**	**2**
	M	70-75min	**9,9**	**320**	**20**	**3**

5. Punching system

SPORTIdent AIR+ punching system will be used. SIAC cards can be rented for 5 EURO (all days)

6. Weather and climate

Mild and pleasant weather (~15ºC) should be expected for the begining of September. However quite hot (+25ºC) or cool and rainy (+5/+10ºC) days are possible.

7. Clothing

Road running or light trail shoes recommended for sprint distances, orienteering shoes and outfit for forrest disciplines. Spiked shoes are allowed.

8. Accommodation and Food

Accommodation in hotel „Comfort Hotel LT Rock'n'Roll Vilnius“.
Breakfast and dinner will be 02.09 - 09.09 in hotel, lunch 03-05.09 will be in hotel, 06 - 08.09 will be at the training and competition places.

9. Entries

Preliminary entry - until 03 April 2021
Final entry - until 03 July 2021
Name registration - until 03 August 2021
Hotel reservation form - until 01 July 2021
Arrival and departure form – until 20 August 2021

10. Entry fees and payment

Friendship through sport! Single type of accommodation, single fee for each competitor. Entry fee is 675 Euro/per participant (Between 02 - 09 September), 386 Euro/per participant (between 02 - 06 September or between 05 - 09 September).

Entry fee includes:
Accommodation in „Comfort Hotel LT Rock'n'Roll Vilnius“ (https://comforthotel.lt/)
Full board
Start fee for EDOC competitions
Model Events
Local transport and transport from/to Vilnius airport, train station, bus station.

Payment information:
Bank: SEB bankas
IBAN: LT30 7044 0901 0196 2222
SWIFT: CBVI LT 2X
Owner of the account: Lithuanian deaf sport committee
30 % of entry fees must be paid via Bank transfer until 01 July 2021.

11. Accreditation and Officials meeting

Official Team accreditation will be on 02 September from 19.00 to 21.00 o'clock and on 03 September from 9.00 to 12.00 o'clock at the event centre. Team officials meeting will be held at the Event Centre.

12. Competition rules

Competitions will be conducted in accordance with the technical regulation of EDOC 2021 and valid competition rules of International orienteering federation (IOF).

13. Anti-doping

All participants will follow valid WADA (World Anti-Doping Agency) regulations, ICSD (International Committee of Sport for the Deaf) Anti-Doping regulations and the International Orienteering Federation Anti-Doping Rules.

14. Health services

The Event Organizer will coordinate healthcare service for participants and will provide first-aid at each competition area. The Event Organizer will not bear any responsibility related to the cost of medical services of the participants. Each Federation is responsible for the health insurance of all their delegates.

15. Visa

Please check the following link with a list of countries whose citizens require a visa to enter Lithuania/Schengen Zone:
https://www.renkuosilietuva.lt/en/visas/

16. Media

All information of EDOC will be on website www.edoc2021.lt. An official EDOC 2021 Facebook - page will also be released. More information you can find in Facebook group **„World Deaf Orienteering".**

17. Conditions of participation, Covid-19 measures

We know that the current situation concerning COVID-19 disease is quite uncertain and unpredictable. If there are any special measures in place, we will adapt to them and kindly ask all the participants and spectators to follow them.
Before entering Lithuania border you must to have a certificate / laboratory testing result form confirming a negative PCR test for a COVID-19 disease taken no more than 72 hours ago or a negative antigen test taken no more than 48 hours ago.
If you travel to the Republic of Lithuania by regular, special and charter flights of all modes of transport organised and operated by carriers, you must register on the website of the National Public Health Centre under the Ministry of Health: (**https://keleiviams.nvsc.lt/en/form)** and submit the confirmation of the completed electronic form (QR code) to the carrier (carrier's representative) before boarding the vehicle, and in other cases - you are required to register with the National Public Health Centre **(https://keleiviams.nvsc.lt/en/form)** within 12 hours of returning / arriving in the Republic of Lithuania. Self - isolation requirements are not applied, but COVID-19 testing is mandatory for high-performance athletes, high-performance sports specialists, high-performance sports instructors and sports medical personnel participating in EDOC that are subject to separate international rules for controlling the COVID-19 pandemic. International rules you can read - http://www.ciss.org/latest-covid-19-update. Everything you need to know about isolation - https://nvsc.lrv.lt/en/information-on-covid-19/for-arrivals-from-abroad/everything-you-need-to-know-about-isolation
To get accredited for the competitions, all competitors and support staff must perform a Antigen SARS-CoV-2 test. Tests will be done 02 - 03.09, 04.09, 06.09 and 08.09 (by request Antigen SARS-CoV-2 or PCR). These tests will be organised by the organiser, the cost of the tests has to be paid by the teams themselves. Antigen SARS-CoV-2 test will cost 25 Euro, PCR test will cost 70 Euro.

18. Participants country (FINAL ENTRY after Name Registration)

		1	2	3	4	5	6	7	8	9	10	11	12	13	Total	
E	S	CZE	EST	FIN	GER	HUN	ITA	LAT	LTU	NOR	RUS	SWE	UKR	TUR	Athletes	Countries
Sprint	**M**	3	2	0	1	3	3	1	3	2	3	3	3	2	29	12
	W	3	1	3	0	0	1	0	3	1	3	2	3	1	21	10
Middle	**M**	3	1	0	1	3	3	1	3	2	3	3	3	2	28	12
	W	3	0	3	0	0	1	0	3	1	3	1	3	1	19	9
Long	**M**	3	1	0	1	3	2	1	3	2	3	3	3	2	27	12
	W	3	0	3	0	0	1	0	3	1	3	1	3	1	19	9
Sprint Relay	**MIX**	4	4	4	0	0	0	0	4	0	4	4	4		28	7
Σ Athletes	**M**	4	2	0	1	3	3	1	4	2	5	3	6	2	36	12
	W	3	2	4	0	0	1	0	4	1	4	2	5	1	27	10
Officials		1	0	2	1	0	1	1	3	2	7	2	4	?	24	11

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